

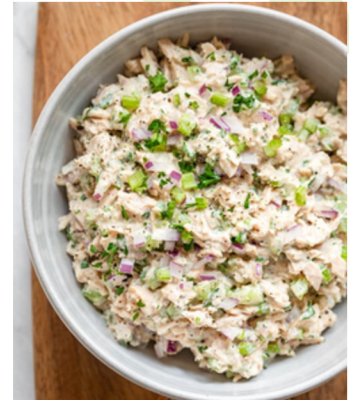
INGREDIENTS

- ⅓ cup plain Greek yogurt
- 2 tablespoons lemon juice
- 1 tablespoon yellow or Dijon mustard
- ¼ teaspoon salt
- ¼ teaspoon black pepper
- 1 tablespoon dill weed
- 2, 5-ounce cans of tuna, drained
- 2 celery stalks, minced
- 2 tablespoons red onion, minced

Tuna Salad

TIME: 45 MINUTES

SERVINGS: 4



Adapted from: feelgoodfoodies.net



INGREDIENTS

- ⅓ cup plain Greek yogurt
- 2 tablespoons lemon juice
- 1 tablespoon yellow or Dijon mustard
- ¼ teaspoon salt
- ¼ teaspoon black pepper
- 1 tablespoon dill weed
- 2, 5-ounce cans of tuna, drained
- 2 celery stalks, minced
- 2 tablespoons red onion, minced

Tuna Salad

TIME: 45 MINUTES

SERVINGS: 4



Adapted from: feelgoodfoodies.net



PROCEDURE

Tuna Salad

1. In a mixing bowl, whisk together $\frac{1}{3}$ cup of Greek yogurt, 2 tablespoons of lemon juice, 1 tablespoon of mustard, $\frac{1}{4}$ teaspoon of salt and pepper, and 1 tablespoon of dill weed until well combined.
2. Add the drained tuna on top, along with 2 minced celery stalks and 2 tablespoons of minced red onions. Gently stir until well combined.

PROCEDURE

Tuna Salad

1. In a mixing bowl, whisk together $\frac{1}{3}$ cup of Greek yogurt, 2 tablespoons of lemon juice, 1 tablespoon of mustard, $\frac{1}{4}$ teaspoon of salt and pepper, and 1 tablespoon of dill weed until well combined.
2. Add the drained tuna on top, along with 2 minced celery stalks and 2 tablespoons of minced red onions. Gently stir until well combined.