

Strawberry Fruit Fluff

INGREDIENTS

- 1/4th cup no-added-sugar cool whip
- 1/8th cup of low-fat cottage cheese
- 1 - 2 teaspoons strawberry gelatin
- 2 tablespoons mandarin oranges, drained
- 2 tablespoons crushed pineapple, drained
- 2 tablespoons mini marshmallows

SERVING SIZE: 1/2 CUP
TIME: 10 MINUTES



ADAPTED FROM:
[TIKTOK.COM/@MISSISSIPPI_KWEEN](https://www.tiktok.com/@MISSISSIPPI_KWEEN)



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PROCEDURE

1. In a small bowl, combine cottage cheese, cool whip, mandarin oranges, and pineapple.
2. Add strawberry jello mix and marshmallows.
3. Gently fold together all ingredients until well combined.
4. Serve immediately or store in the refrigerator.

Note: For a creamier texture, blend the cottage cheese before combining all of the ingredients.

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