

Rambutan and Mango Smoothie

INGREDIENTS

- 1 cup of rambutan, peeled and pitted
- 1 cup of mango, diced
- 1/2 cup of light coconut milk
- ½ teaspoon lime juice
- 2 - 4 ice cubes
- 1 tablespoon of honey, optional for sweetness

2 SERVINGS
TIME: 10 MINUTES



Adapted:
simplyfamilyrecipes.com



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PROCEDURE

1. Add the peeled and pitted rambutan, diced mango, coconut milk, lime juice, and ice cubes.
2. Blend on high for about 30 seconds until everything is smooth and well combined. If you like it sweeter, add a tablespoon of honey and blend for another 10 seconds.
3. Divide into two glasses and serve!

Note: Raw rambutan seeds are not edible, so be sure to remove all of the rambutan seeds prior to blending.

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