

Peach Delight Salad

INGREDIENTS

- 2 ripe peaches, sliced
- 4 cups mixed greens
- 2 ounces goat cheese, crumbled
- 1/4 cup walnuts or almonds, chopped
- 2 tablespoons extra-virgin olive oil
- 1 tablespoon balsamic vinegar
- 1 teaspoon honey (optional)
- Salt and pepper to taste

TIME: 15 MINUTES

SERVINGS: 2



PROCEDURE

1. In a large bowl, combine the mixed greens and sliced peaches.
2. In a small bowl, whisk together the olive oil, balsamic vinegar, honey (if using), salt, and pepper to make the vinaigrette.
3. Drizzle the vinaigrette over the salad and toss gently to coat the greens and peaches.
4. Sprinkle the crumbled goat cheese and chopped walnuts or almonds over the salad.
5. Serve the peach salad immediately and enjoy!