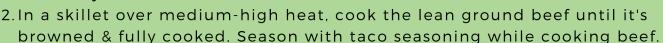
Mini Stuffed Bell Peppers

INGREDIENTS

- 10-12 mini bell peppers, halved, seeded
- 1/2 pound lean ground beef
- 2-3 tbsp taco seasoning
- 1/2-1 cup shredded mixed cheese
- Optional toppings: sliced green onions

PROCEDURE

1. Preheat your oven to 375°F



- 3. Stuff each mini bell pepper with the seasoned ground beef mixture.
- 4. Place the stuffed peppers in a baking dish.
- 5. Sprinkle the shredded mixed cheese over the stuffed peppers, covering them evenly.
- 6. Bake in the preheated oven for about 15-20 minutes, or until the peppers are tender and the cheese is melted and bubbly.
- 7.Once done, remove the stuffed peppers from the oven and let them cool slightly.
- 8. Optional: Garnish with chopped fresh cilantro, diced tomatoes, sliced green onions, sour cream, salsa, or guacamole before serving.



This institution is an equal opportunity provider. This material was funded in part by SNAP.

12 SERVINGS 35 MIN

SERVING SIZE 1-2 HALVES