Malanga Chips

INGREDIENTS

- 12-16 ounce Malanga peeled and thinly sliced
- 4 tablespoons Olive Oil
- ¼ teaspoon Salt

Note:

The white flesh of malanga is very slippery. It's important to take care when handling, especially when cutting. If you're working with several pieces, keep the peeled ones in a bowl of cold water to slow the browning process. Rinse with fresh cold water and pat dry once you're all done.

SERVINGS: 6
TIME: 50 MIN



ADAPTED: COOK2EATWELL.COM





This material was funded by USDA's Supplemental Nutrition Assistance Program -- SNAP. This institution is an equal opportunity provider.

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PROCEDURE

- 1. Peel the malanga, rinse and pat dry. Use a mandoline / slicer to make thin slices. Make the slices as thin as possible.
- 2. Preheat the oven to 325°F
- 3. Prepare the baking sheets: Use a brush to coat the pan with a thin layer of olive oil (about 1 tablespoon of oil per baking sheet).
- 4. Arrange the sliced malanga chips on the baking sheets without overlapping and brush a thin layer of olive oil over the chips.
- 5. Place in oven and bake for 15 minutes. **Note:** rotate baking sheets after 15 minutes in oven if using multiple baking sheets
- 6.Bake for another 10-15 minutes or until the malanga chips are lightly golden and crispy. Check them after 7-8 minutes or so. Once they start to dry and crisp they will brown very quickly.
- 7. When they turn golden brown remove the pans from the oven. Immediately sprinkle them with a couple of pinches of salt.
- 8. Serve and enjoy!

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