Fruit Crisp

INGREDIENTS

- 2, 15.5 oz cans fruit cocktail, packed in 100% fruit juice
- 1 teaspoon cinnamon
- ⅔ cup rolled oats
- 2 tablespoons vegetable oil
- ⅓ cup slivered almonds, optional

8 SERVINGS 1 HOUR



Adapted from: fruitsandveggies.org

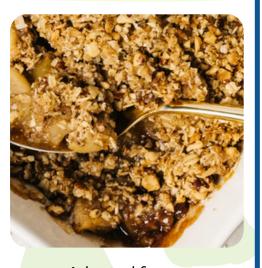


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- 1 teaspoon cinnamon
- ⅔ cup rolled oats
- 2 tablespoons vegetable oil
- ½ cup slivered almonds, optional

8 SERVINGS 1 HOUR



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PROCEDURE

- 1. Preheat the oven to 350°F.
- 2.In a medium bowl, combine oats, cinnamon, vegetable, and almonds, if using.
- 3. Drain fruit cocktail, reserving ¼ cup juice.
- 4. Add fruit and reserved juice to a baking dish and stir.
- 5. Pour oat mixture over fruit cocktail.
- 6. Bake for 40 minutes or until golden brown.

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