

Chicken Pasta Salad

INGREDIENTS

- 2 to 3 cups of shredded cooked chicken
- 2 ripe avocado pitted and diced
- 8 oz uncooked rotini pasta
- 1/2 cup chopped red onion
- 1 cup cherry tomatoes, halved
- 1/2 cup freshly chopped basil
- 1/2 cup white wine vinegar
- 1 tablespoon Italian seasoning
- 3/4 cup extra virgin olive oil
- Salt and fresh cracked pepper, to taste

6 SERVINGS

SERVING SIZE: 1.5 CUP

1 - 2 HOURS



Adapted from: eatwell101.com



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PROCEDURE

1. Cook pasta and let cool completely
2. While pasta cools, cut and chop your produce
3. In a large mixing bowl, add in your pasta, chicken, and produce
4. In a small mixing bowl, whisk together white wine vinegar, olive oil, and italian seasoning
5. Pour over the top and mix in
6. Add salt and pepper to taste

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