

Cheesy Chicken Noodle Casserole

INGREDIENTS

- 2 cups uncooked egg noodles
- 1, 12 oz canned chicken, drained
- 1, 10.5 oz can low-sodium cream of chicken soup
- ½ cup low-fat milk
- 1 cup low-fat shredded cheddar cheese
- 1 cup frozen or canned peas
- 2 cups corn flakes, crushed
- Salt and pepper, to taste
- Garlic powder, optional seasoning
- Onion powder, optional seasoning

Note: Egg noodles can be substituted for your favorite pasta

TIME: 45 MINUTES

SERVINGS: 6



Adapted from:
lillychilders.com



USDA is an equal opportunity provider, employer, and lender. This material was funded by USDA's Supplemental Nutrition Assistance Program — SNAP.

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PROCEDURE

1. Cook 2 cups of egg noodles according to the package directions. Drain and set aside.
2. While the noodles cook, preheat your oven to 400°F and lightly grease a 9x13-inch baking dish.
3. In a large bowl, whisk together the cream of chicken soup and the milk until smooth.
4. Add the cooked noodles, chicken, peas, and your preferred seasonings—such as black pepper, onion powder, or garlic powder.
5. Pour the mixture into the prepared baking dish and spread it out evenly.
6. Sprinkle shredded cheese and crushed corn flakes on top.
7. Bake uncovered for 25–30 minutes, or until the casserole is hot and bubbly

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