

TANGY FRUIT SALAD

Simple, Quick & Healthy

SERVINGS: 6 PREP TIME: 5 MINUTES

Ingredients

- 2 Tbsp instant sugar-free vanilla pudding mix
- 1 cup fat-free vanilla yogurt
- 1 1/3 cup pineapple chunks
- 1 cup sliced oranges
- 1 cup grapes
- 2 medium bananas, sliced



Directions:

1. Add pudding mix and yogurt in a medium bowl and stir.
2. Mix fruit into yogurt mixture.
3. Put mixture in your refrigerator and serve when chilled.

Adapted from :<https://goodfoodgoodmove.yourtexasbenefits.com/recipes-and-cooking-basics/recipes/tangy-fruit-salad>