

Resources from Texas 2-1-1 United Way of the Brazos Valley BC

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Page 1

FAQ: COVID-19 Travel Information

Resource number: 29851999

A program of: Coronavirus Disease 2019 (COVID-19)

Description

Update 3/15/2020 at 8:00 PM: Callers with an area code outside of Texas will not be routed to the DSHS COVID-19 Call Center.

Travel Information and Guidance

Q: Should I cancel my international travel because of COVID-19?

A: The CDC has an evolving list of countries with specific travel notices and recommendations. For the most up-to-date list of travel restrictions and other information for travelers regarding COVID-19, please visit [cdc.gov/coronavirus/2019-ncov/travelers](https://www.cdc.gov/coronavirus/2019-ncov/travelers). For additional travel information, visit the Destination Page or Travel Health Notices on [cdc.gov](https://www.cdc.gov) and locate the country you are planning travel to.

Q: How are travelers from China being screened when they enter the United States?

A: At this time, American citizens, lawful permanent residents, and family members who have been in China in the past 14 days will be allowed to enter the United States. Those travelers will be directed to one of 11 U.S. airports and will undergo a health screening and asked questions about their travel in China. Foreign nationals (citizens from other countries) who have traveled to China in the past 14 days, are currently not being allowed into the United States.

Q: What if I recently traveled to an area affected by COVID-19 and got sick?

A: If you were in a country with a COVID-19 outbreak and feel sick with fever, cough, or difficulty breathing, within 14 days after you left, you should:

-Seek medical advice. Call ahead before you go to a doctor's office, clinic or emergency room. Tell them about your recent travel and your symptoms.

-Contact your local health department to notify them of your travels and if you are experiencing symptoms.

-Avoid contact with others.

-Do not travel on public transportation while sick.

-Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing.

-Wash hands often with soap and water for at least 20 seconds to avoid spreading the virus to others.

-If soap and water are not readily available, you can use an alcohol-based hand sanitizer that contains 60%–95% alcohol.

-Disinfect any frequently touched surfaces and objects with household cleaning spray or wipe.

Q: After returning from China, when can employees return to work?

A: Currently, anyone who enters the United States after being in China during the past 14 days will have some level of restrictions on their movements.

-Travelers from Hubei Province will be quarantined and actively monitored in a location to be determined by public health authorities for up to 14 days.

-Travelers from other parts of China who do not have any symptoms are being asked to monitor their health and practice "social distancing" for 14 days.

Social distancing means remaining out of:

-Public places where close contact with others may occur (such as shopping centers, movie theaters, stadiums).

-Workplaces (unless the person works in an office space that allows distancing from others).

-Schools and other classroom settings.

-Local public transportation (

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Page 2

such as on a bus, subway, taxi, ride share, plane, ship)

-These restrictions are to be in effect for 14 days from the time the person was possibly exposed.

For more information: See Interim Guidance for Businesses and Employers at [cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html](https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html).

Q: Should businesses recommend facemasks or other protective equipment during travel?

A: CDC does not recommend travelers wear facemasks to protect themselves from COVID-19. You may choose to wear a mask, but it is more important that you follow everyday prevention practices:

-Avoid close contact with people who are sick.

-Avoid touching your eyes, nose, and mouth with unwashed hands.

-Stay home when you are sick.

-Cover your cough or sneeze with a tissue, then throw the tissue in the trash and wash your hands.

-Clean and disinfect frequently touched objects and surfaces using a regular household cleaning product.

-Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.

-If soap and water are not readily available, use an alcohol-based hand sanitizer that contains 60%–95% alcohol.

Q: Is it safe to go on a cruise?

A: Cruises put large numbers of people, often from countries around the world, in frequent and close contact with each other. This can promote the spread of respiratory viruses, such as the virus that causes COVID-19. You may get sick from close contact with an infected person or by touching contaminated surfaces.

-To reduce spread of respiratory viruses, including COVID-19, CDC recommends that crew members and passengers:

-Avoid close contact with people who are sick.

-Avoid touching your eyes, nose, and mouth with unwashed hands.

-Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.

-If soap and water are not readily available, use an alcohol-based hand sanitizer that contains 60%–95% alcohol.

-Stay in your cabin when you are sick and let the onboard medical center know immediately if you develop a fever (100.4°F/38°C or higher), begin to feel feverish, or have other symptoms (such as cough, runny nose, shortness of breath, or sore throat).

For further information and guidance, please visit dshs.texas.gov/coronavirus.

For public health and medical questions, please email coronavirus@dshs.texas.gov

Phone Numbers

DSHS COVID-19 1-877-570-9779
Call Center

Website dshs.texas.gov/coronavirus/

Email coronavirus@dshs.texas.gov

Site Information

Location

**Description of
Location**

Mailing Address

**Disabilities
Access**

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Page 3

Hours Call Center, website, and email available 24 hours a day, 7 days a week. **Public Transport (Bus and other)**

Program Information

Eligibility Open to the public
Languages Offered English
Payment Options
Fees None
Application Process Record is informational only. If caller's need is not addressed by any FAQs, direct them to email the TX Department of State Health Services at coronavirus@dshs.texas.gov.
Documents Required None
Normal Wait Time
Capacity
Volunteer Opportunities No

Coverage Areas

TX - Statewide
Statewide

Main Contact

Name
Title
Phone
Email

Senior Contact

Name
Title
Phone
Email

Custom Fields